

# Guardamar del Segura

Guardamar, on the Costa Blanca, in Spain, is surrounded by two large and beautiful natural salt water lakes which form the "Salinas de Guardamar" and are an official Spanish Nature Reserve. These lakes attract a wide variety of bird life.

Guardamar has learned a few lessons from places like Benidorm, because you'll find no high-rise skyscrapers or package holiday hotels in Guardamar and because Guardamar is orientated towards families and couples, you'll find no night-time trouble with lager louts etc.



Guardamar, known also as Guardamar del Segura and sometimes mis-spelt as Guadamar.

Guardamar, is a developing tourist centre and one of the most important on the Mediterranean coast. However, you'll find it is not nearly as commercialised as the Costa Blanca resorts to the north of Alicante. It still retains that special "Spanish" feel and is in a relaxed environment.

The concentration of salt and the temperature, combine to endow this area with a particularly healthy micro-climate, recommended by doctors for its beneficial properties. Bathing in the salt lagoons is also becoming popular for many medicinal reasons.

## **Marina Las Dunas, known officially as Marina de Las Dunas**

"At the end of February, we were enjoying a very pleasant walk around the marina and along the outer sea wall. As well as admiring the boats in the marina, we were able to watch the local fishermen unloading their catch alongside the fish market all within 15 minutes. No crowds, no noise, just perfect peace and quiet, it was great."

**Scenery** - Located next to the mouth of the River Segura, Guardamar overlooks a long beach bordered by a large expanse of sand dunes covered with pines and eucalyptus. The setting is one of the most unique scenes in the Land of Valencia, with an original combination of extensive coastal dunes protected by a verdant forest, fertile fields and orchards and the omnipresent beach and the Mediterranean Sea. The forest parkland of the Dunas de Guardamar, with over 800 hectares running parallel to the coast, is a wonder in a class of its own.



## **Cultural Life**

Due to its ideal geographical situation on the Costa Blanca, Guardamar has been the chosen location for many different cultures, from Iberians to Romans, Arabs and Christians. Historical remains of these civilisations can still be found. Of note is the Iberian settlement of Cabezo Lucero, where an example of Iberian art, La Dama de Guardamar (The Lady of Guardamar) was found dating from the 4th century BC. Dating from the Arab domination, the archaeological site of Rábita Califal, a group of mosques.



## **Fiestas**

Festivities are an important part of life in Guardamar - the enthusiasm of the locals will make you want to participate and be more than a mere spectator. There's lots of carnivals in Guardamar, with costumes and outdoor parties.

Holy Week (March/April), with processions and scenes from the Passion. First and second Monday of Easter (March/April). Moors and Christians (2nd fortnight of July), in honour of Saint James, with parades of comparsas (mock warrior companies), sieges of the castle, fireworks and the re-enactment of the legend of 'Encantà. There's also the feast in honour of the Virgin of the Rosary.

Some of the dates for the fiestas in Guardamar change every year

## **Sports**

In Guardamar you can enjoy water sports at their best: windsurfing, scuba diving, fishing, water skiing, and more. But the options certainly don't end here. At the local municipal sports complex, you'll find an indoor football field, frontón tennis, tennis courts, swimming pools, basketball and handball.

## **What to do**

Get a good tan on any of the area's broad, golden beaches: Moncayo, La Roqueta, Centro or the nudist beach of los Tuseles.

Practise your favourite water sport: windsurfing, water skiing, fishing, scuba diving, swimming. The choice is yours.

Spend a Wednesday morning at the typical village market, where you'll find handicrafts, leather goods and a wide selection of fruits and vegetables.

In July, take part in the Fiesta of Moros y Cristianos, with parades, processions of mock warriors, outdoor parties, fireworks and musket explosions.

## **Where to go**

Go down to the beach at Guardamar and walk along the front, at lunch times and in the evenings this area and the surrounding streets are a hive of activity, with many busy cafes, restaurants and bars. The activity continues into the early hours. You will find a very large street market every Wednesday morning, just behind the main Church.