# Route 12 - Quesada to Rebate

Leave Quesada by the Arches go round the large roundabout and come off at the cycle track which runs along the side of the dual carriageway towards Torrevieja Take the tarred road that runs parallel to the right of the cycle track past Alonso's garage. Stay on this Camino/Canal road (the canal is to your left under the concrete slabs) and pass over a hump back bridge just before you enter La Herrada. Carry straight on through La Herrada straight on at the roundabouts until you come to signs saying Camino/Canal road no entry. Carry straight on until you come to a main road junction (the main road to Zoco Market) go straight across and follow the Camino road to the next junction. Turn right (this is the main road to Algorfa and La Finca) and cycle for 1.2kms uphill past a large sign saying Contra Vega , pass over the AP7 and then about 200metres on your left you will see the start of the canal road . You will see count down markers on the side of the canal starting at 5.1km and they are at 100 metre intervals all the way past Entre Naranjos to a pumping station . At this pumping station turn left and follow the canal all the way into San Miguel. Half way through San Miguel you will come to a cross roads ( still on the canal track ) and on your left you will see O'Neills Irish pub which is a great place to stop. Turn right here over the canal and immediate left up the hill to the main road where you turn right and head for the castle which you cannot fail to see. At the castle you can get a drink and a great selection of Tapas. Once watered and fed just about turn and head back following the same route in reverse. The canal route goes all the way to Cartagena and beyond with breath taking scenery and views. We have cycled most of it and hope to go all the way to Cartagena in the summer.

**Total Distance: Approx. 65 Kms**
**Time: 5 hours**
**Summary: There is 12kms of hill climbs at Rebate between San Miguel and Torremendo. Very steep and challenging in places but has great training benefits**